

# MOWER COUNTY RESOURCE GUIDE

## LISTA DE RECURSOS DEL CONDADO DE MOWER

### LAW ENFORCEMENT / MEDICAL EMERGENCY/POLICIA / EMERGENCIA MEDICA

## Emergency Call 911

### LLAMADA DE EMERGENCIA 911

Austin Police Department Non-Emergency  
437-9400

Mower County Sheriff 437-9400

Truancy Officer 437-9454

Current Jail Inmate List

[www.co.mower.us/sheriff.htm](http://www.co.mower.us/sheriff.htm)

### CRISIS INTERVENTION / INTERVENCION EN CRISIS

Crime Victims Resource Center 437-6680

Crisis Response 844-274-7472

### CHILD ABUSE PREVENTION / PREVENCION DEL ABUSO INFANTIL

Child Protection 437-9700

Human Trafficking Hotline 1-888-373-7888

### HEALTH SERVICES / SERVICIOS DE SALUD

Mayo Clinic Health System 433-7351

Nurse Care Line 888-609-4065

Patient Online Services

Support Line 877-858-0398

Other Behavioral Services 433-7389

Psychiatric Service Unit 433-7351

Patient Education 434-1753

Covid-19 Nurse Helpline 507-293-9525

Health Access Minnesota 507-589-8136

Financial Patient Services 844-217-9591

QPP Employee Clinic 434-6299

Hormel Employee Clinic 434-6882

Mower County Public Health 434-9770

WIC-Mower County 437-9799

Adams Health Care Center 507-582-3263

Express Clinic at HyVee in Austin\_WALK-IN

Minnesota Care 1-800-657-3672

Mower County Public Health 437-9701

Sacred Heart Home Health Care 433-1808

Intrepid USA Health Care Service 433-4700

MN Children w/Special Health Needs

1-800-728-5420

United Home Health Care Choice

1-888-460-1815

AIDS-HIV TESTING/EXAMENES DESIDA-VIH

AIDS National Hotline 1-800-342-AIDS

AIDS Minnesota Hotline 1-800-248-AIDS

### TOLL-FREE HOTLINE NUMBERS / NUMEROS DE LINEA TELEFONICA GRATUITA

SEX TRAFFICKING HOTLINE 1-888-373-7888

SAFE HARBOR (SEXUALLY EXPLOITED YOUTH) 1-866-223-1111

RUNAWAYS (OPERATION PEACE OF MIND)1-800-231-6946

EPILEPSY FOUNDATION OF MN 1-800-332-1000

MADD(MOTHERS AGAINST DRUNK DRIVERS)1-800-487-6233

RUNAWAYS/SAFE CHOICES 1-800-621-4000

STUTTERING HOTLINE 1-800-221-2483

MN CRIME VICTIMS 1-800-247-0390

24-HOUR CRISIS LINE 1-800-422-1295

BATTERED WOMEN 1-800-799-7233

PACER 1-800-537-2237

PARENT WARMLINE

\$0.50

\$0.50

\$0.50



Send resource list additions or changes to [programs@prc-austinmn.org](mailto:programs@prc-austinmn.org)

**COUNSELING/MENTAL HEALTH /  
ASESORAMIENTO / SALUD MENTAL**

MAYO Clinic 433-7351  
 Catholic Charities 433-3062  
 Cedar River Counseling Srvcs 433-6482  
 Cedar House 437-9152  
 Crisis Response 1-844-274-7472  
 Family Focus 434-3586  
 Gerard Community Mental Health  
 Services Therapy, Diagnostic,  
 Assessment and Psychological  
 Testing 434-4366  
 Kevin Anderson Lic. Psychologist/EMDR  
 Therapy 440-0134  
 Lutheran Social Srvs. 1-800-582-5260  
 Mayo Clinic Social Services 437-7351  
 Psychiatry/  
 Psychology Assoc.-So MN 433-5191  
 Independent Management Services  
 (IMS)/ ARMHS therapy, diagnostic  
 assessment &  
 psychological test 437-6389  
 Dr Moran Professional Corp 438-2010  
 Veteran Service Office  
 Mower County 434-2712  
 Quality Case Mgmt, Inc. 437-9085  
 Quality Community Srvs. Inc 437-9085  
 New Horizons Adoption  
 Agency 800-314-3370  
 Wellness In The Woods 844-739-6369

**EDUCATION / EDUCACION**

Austin Public Schools District Office 460-1900  
 Alt School/Area Learning Ctr 460-1805  
 Austin Community Education 460-1706  
 Austin Adult Learning 433-0600  
 English Language Learning 433-0600  
 GED & Transition to College 440-8701  
 Austin ECFE 460-1709  
 ECSE(Early Childhood Special Ed.) 460-1705  
 Blooming Prairie Public Schools 583-4427  
 Grand Meadow Admin & ECFE 754-5310  
 Hayfield-Brownsdale ECFE 477-3236  
 Hayfield-Brownsdale Public Schools 477-  
 3236  
 Pacelli Catholic Schools 437-3278  
 Southland Schools ECFE 582-3405  
 Southland Schools 582-3568  
 LeRoy-Ostrander Admin 324-5743  
 LeRoy-Ostrander ECFE 324-5741  
 Lyle Schools Administration 582-3568  
 Riverland CC Austin 433-0600  
 1-800-247-5039  
 Headstart Program (SEMCAC) 433-5889  
 Sacred Heart Schools - Adams 507-582-3120  
 PACER 1-800-537-2237  
 Autism Resource Specialist 433-4243  
 Univ. of Minnesota Ext, Mower Co. 437-9552  
 Univ. of Minnesota Extension, Mower Co. for  
 SNAP -Ed (Nutrition) 434-2653 ext 653  
 CLUES - SNAP 612-439-9790  
 CLUES - ESL 612-746-3504



**LIBRARIES / BIBLIOTECAS**

Austin Public Library 433-2391  
 Brownsdale Public Library 567-2177  
 Grand Meadow Public Library 754-5859  
 Hayfield Community Library 477-2455  
 LeRoy Public Library 324-5641  
 Lyle Community Library 325-2369  
 MN Library for the Blind/Talking Books 1-800-722-0550



## **PARENTING EDUCATION / EDUCACION DE CRIANZA**

### Parenting Resource Center

Parents Forever Divorce Education	437-8330
Parent WARMLINE	440-4164
Parent Education	437-8330
University of Minnesota Extension, Mower Co.	437-9552
ECFE (Early Childhood Family Ed.)	460-1709
HelpMeGrowMN	1-866-693-4769
Austin Aspires Parent to Parent	437-0920
NST Attorneys At Law Child Safety Resources	<a href="https://www.nstlaw.com/child-safety/">https://www.nstlaw.com/child-safety/</a>

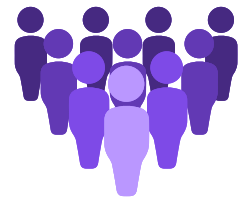


## **YOUTH RECREATION / RECREACION PARA JOVENES Y NINOS**

Austin Community Education	433-0971
Austin Park & Recreation Program	433-1881
Boy Scouts	387-3123
Girl Scouts River Valley	1-800-845-0787
Austin Community Recreation Center	433-1804

## **SUPPORT GROUPS / GRUPOS DE APOYO**

Crimes Victims Resource Center	437-6680
Mother of Children with Handicaps	325-4742
Adult Children of Alcoholics	437-3797
Circle of Parents	377-7665
Circle of Hope	438-2034
La Leche League of Southeast MN	456-8238
Celebrate Recovery	433-7008
MOPS-Austin (Mom's Group) on FB or Call	507-219-2291
Recovery Is Happening	507-218-4773
Nexus Gerard Family Healing	433-1845
Austin Manor	433-5569
Austin Alano Groups	433-9868
The Bridge	434-9334
Support With Love LGBTQ+	440-4164 or 437-8330
Wellness In The Woods	844-739-6369
Independent Management Services	437-6389 or 396-4477



## **SUBSTANCE PREVENTION / PREVENCION DE SUSTANCIAS**

Alcoholics Anonymous (AA)	433-9868
Narcotics Anonymous	433-9868
Mayo Clinic Health System Fountain Center Austin	434-1890
Mayo Clinic Health System Tobacco Cessation	434-1429
Circle of Hope Support Group	438-2034
Independent Management Services	437-6389 or 396-4477



## FOOD/COMIDA

Mower CountyDHS (vouchers)	437-9701
Ruby's Pantry Grace Lutheran Austin 3rd Thursdays of each month	433-3445
Cornerstone Church Austin	433-7008
Lyle Our Savior's Lutheran Church	325-4684
LeRoyArea Ministerial Assoc	324-5722
Racine	507-378-4801
Mower County Senior Center	507-433-2370
WIC (Women, Infant& Children)	437-9799
Salvation Army	437-4566
Our Saviors Lutheran-Lyle	325-4684
American Red Cross—Disaster	1-844-878-9933
NAPS	1-877-500-8699
Little Cedar Food Shelf (for Southland Families)	582-3185
Meals at Twin Tower and Picket Place	507-373-7759
Austin Meals on Wheels	438-3140
Rural Mower County	507-864-8228
CLUES	651-379-4256



## HOUSING/VIVIENDA

Austin HRA	433-1866
Mower Co HRA	434-5556
American Red Cross (disaster)	1-844-878-9933
Salvation Army(emergency)	437-4566
SEMCAC (emergency)	433-5889
Housing Equality Law Project	1-866-292-0080
Rochester Women's Shelter	507-285-1010
Quality Case Management, Inc.	437-9085
Crisis Resource Center Owatonna	1-800-451-1202
Dorothy Day Shelter (homeless)	507-282-5172
Habitat for Humanity-Freeborn/Mower	433-1349
Independent Management Services	437-6389
Mower County DHS (vouchers)	437-9701
CLUES	612-520-1878
180 Degrees (Rochester Shelter ages 12-19)	507-280-0110



## CLOTHING / ROPA

Rachel's Hope	437-7595
Parenting Resource Center	437-8330
Salvation Army	433-7203



## USED CLOTHING OR FURNITURE FOR SALE / VENTA DE ROPA O MUEBLES USADOS

Twice is Nice	433-5353
Salvation Army	437-4566
A to Z Treasures	433-0090
Second Act (3301 West Oakland Ave)	438-6376



## PERSONAL CARE ITEMS / ARTICULOS DE CUIDADO PERSONAL

Twice is Nice	433-5353
Salvation Army	437-4566
A to Z Treasures	433-0090
Parenting Resource Center	437-8330



## ENERGY ASSISTANCE / ASISTENCIA DE EMERGENCIA ELECTRICA

SEMCAC	433-5889
--------	----------



## TRANSPORATION/TRANSPORTE

SMART	1-855-762-7821
AB Taxi	434-9689
Quick Ride Taxi Service	433-9055



## DRIVER'S LICENSE/LICENCIAS DE CONDUCIR

DEPT OF MOTOR VEHICLES	434-2675
------------------------	----------



## FINANCIAL CONSULTING/CONSULTORIA FINANCIERA

Independent Management Services	437-6389
---------------------------------	----------



## EMPLOYMENT & CAREER COUNSELING/EMPLEO Y ORIENTACION PROFESIONAL

Workforce Development	433-0555
CLUES	355-8575
Welcome Center	434-2863
CHOICES	507-280-5510
Cedar Valley Services	433-2303
Riverland Community College	433-0600



## CHILDCARE/ GUARDERIAS

Child Care Resource and Referral 1-800-462-1660  
Helping Homes 507-438-1270  
(emergency/temporary care)

Mower County Public Health –Daycare Providers list  
website: [www.mowercountyhhs.com](http://www.mowercountyhhs.com)

Mower County Childcare Assistance 437-9701  
<https://www.mowercountyhhs.com/child-care-assistance>

Austin Aspires – Daycare and Preschool  
Opening list (always updated) – visit 437-6389  
[www.austinaspire.org](http://www.austinaspire.org)



## BIRTH CONTROL / CONTROL DE LA NATALIDAD

MN Family Planning/STI Hotline 1-800-783-2287  
Mower CountyCommunityHealth 437-9701



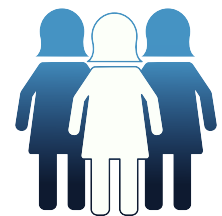
## PREGNANCY/EMBARAZO

Mower County Community Health 437-9701  
Rachel's Hope Support & Council 437-7595  
Catholic Charity Information Line 1-800-222-5859  
Pregnancy Hot Line 1-800-848-5683  
Mayo Clinic Health System 433-7351  
New Horizon Adoption Agency 1-800-314-3370



## LOCAL MOM GROUPS / GRUPOS DE MAMAS LOCALES

Mother of Children with Handicaps 325-4742  
La Leche League of Southeast MN 456-8238  
MOPS-Austin (Mom's Group) on FB or Call 507-219-2291  
[Facebook Pages](#)  
Mommies  
Parent-to-Parent



## HUMAN SERVICES/SERVICIOS HUMANOS

Independent Management Service	437-6389
Lutheran Social Services of MN	1-800-582-5260
Welcome Center	434-2863
Mower County DHS	437-9701
MN 211	2-1-1
Cedar Valley Services	433-2303
Health Access Minnesota	589-8136
New Horizons Adoption Agency	800-314-3370
Austin Human Rights Commission	437-9940
IMAA Intercultural Mutual Asst Assoc.	507-273-2280 or 507-273-4230



## DISABILITY SERVICES/SERVICIOS DE DISCAPACIDAD

LIFE Mower County	433-8994
Cedar Branch DAC Adams	582-7726
Cedar Valley Services	433-2303
Cedar House, Inc.	437-9152
Division of Rehabilitation	433-0570
Epilepsy (MinCepCare PA)	1-612-525-2400
March of Dimes/SE MN	1-507-282-0649
MN State Council on Disabilities	1-800-562-9747
Mower Council for Handicapped	433-9609
SE Center for Independent Living (Rochester)	507-285-1815
REM Woodvale	433-7301
SEMCIL	1-888-460-1815
MN Children w/Special Health Needs	1-800-728-5420
Independent Management Services	437-6389
Quality Case Management, Inc.	437-9085
Quality Community Services, Inc.	437-9085



## FAMILY VISITATION & EXCHANGE/VISITAS FAMILIARRES Y INTERCAMBIOS

Seibel Visitation Center 434-7550

## FOSTER CARE / ALOJAMIENTO TEMPORAL EN CASA HOGAR

Mower County DHS 437-9700

## LEGAL SERVICES/SERVICIOS LEGALES

SE Minnesota Reg. Legal Services (Intake)	1-888-575-2954
Minnesota Family Law Project	1-866-292-0080
Immigrant Law Center of Minnesota	1-651-641-1011
Child Safety Resource	<a href="https://www.nstlaw.com/child-safety/">https://www.nstlaw.com/child-safety/</a>



