



## **PARTNERING WITH PARENTS**

### **About Us**

Partnering with Parents is an education program that is committed to assisting all parents and caregivers that encompasses parenting at any age, any topic.

We believe that parenting is the most important & rewarding job that people have, but it is also the most challenging. We offer preventative, evidence based, proactive parenting support to build healthier families by utilizing the strengths-based perspective, challenging parents to become critical thinkers, take accountability for their parenting decisions, and when necessary, serving as an advocate by amplifying the voices of those that may not have a voice at certain tables.

We understand everyone has different experiences, views, and backgrounds to parenting. Our effort is to understand where you have been, where you are and where you want to be.

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### **Orientation Appointment**

Date \_\_\_\_\_

Time \_\_\_\_\_ AM  
PM



## Services Include

- **Individual Parent Education**

Sessions are available to any parent and/or guardian. Sessions are an hour in length meeting once a week, over a period of 6 to 8 sessions. Sessions are scheduled on the availability of the parent educator and the parent or guardian. These sessions include topics of parent education identified by the referring agency (if applicable) and the need and want of the parent. A sliding fee scale is available based on gross income and circumstance. Sessions are held in person in our office as well as via Zoom.

- **Group Parenting Education**

Sessions, emphasizing safe discipline methods, are taught by professional parent educators for parents challenged by multiple risk factors. Parenting classes are incorporated into Parents Forever divorce education and local county detention centers including Freeborn, Mower, Steele, Goodhue, Rice, and Wabasha County.

- **Parent2Parent**

Is a peer support program, coordinated through the Parent WarmLine toll-free telephone service. This service matches you with parents that have “been there”, and aims to assist you in such areas of teenage pregnancy, ADHD, mental health and others. Contact Parent2Parent at 507.440.4164.



PARENTING  
RESOURCE CENTER  
INC. 1977

## CONTACT US

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