

MOWER COUNTY RESOURCE GUIDE

LISTA DE RECURSOS DEL CONDADO DE MOWER

LAW ENFORCEMENT / MEDICAL EMERGENCY/ POLICIA / EMERGENCIA MEDICA

Emergency Call 911

LLAMADA DE EMERGENCIA 911

Austin Police Department Non-Emergency
507-437-9400

Mower County Sheriff 507-437-9400

Truancy Officer 507-437-9454

Current Jail Inmate List:

www.co.mower.mn.us/198/County-Jail

CRISIS INTERVENTION / INTERVENCION EN CRISIS

Crime Victims Resource Center
507-437-6680

Crisis Response
1-844-274-7472

CHILD ABUSE PREVENTION / PREVENCION DEL ABUSO INFANTIL

Child Protection 507-437-9701

Human Trafficking Hotline
1-888-373-7888

HEALTH SERVICES / SERVICIOS DE SALUD

Mayo Clinic Health System 507-433-8758

Nurse Care Line 507-293-9800

Patient Online Services

Support Line 877-858-0398

Other Behavioral Services 507-433-7389

Psychiatric Service Unit 507-433-7351

Patient Education 507-434-1753

Health Access Minnesota 507-589-8136

Financial Patient Services 844-217-9591

QPP Employee Clinic 507-434-6299

Hormel Employee Clinic 507-434-6982

Mower County Public Health 507-437-9701

WIC-Mower County 507-437-9799

Adams Health Care Center 507-582-3263

Express Clinic at Hy Vee in Austin__WALK- IN

Minnesota Care 1-800-657-3672

Mower County Public Health 507-437-9701

Sacred Heart Home Health Care
507-433-1808

Intrepid USA Health Care Service
507-433-4700

MN Children w/Special Health Needs
1-800-728-5420

United Home Health Care Choice SEMCIL
1-888-460-1815

AIDS-HIV TESTING/EXAMENES DESIDA-VIH

AIDS National Hotline 1-800-342-2437

Minnesota Hotline 1-800-248-AIDS

TOLL-FREE HOTLINE NUMBERS / NUMEROS DE LINEA TELEFONICA GRATUITA

Sex Trafficking Hotline 1-888-373-7888

Safe Harbor (Sexually Exploited Youth) 1-866-223-1111

Epilepsy Foundation of MN 1-800-332-1000

MADD (Mothers Against Drunk Drivers) 1-800-487-6233

Runaways/Safe Choices 1-800-621-4000

Stuttering Hotline 1-800-992-9392

MN Crime Victims 1-800-247-0390

24-hour Crisis Line Dial 988

Battered Women 1-800-799-7233

Pacer 1-800-676-6856



Send resource list additions or changes to development@prc-austinmn.org

**COUNSELING/MENTAL HEALTH /
ASESORAMIENTO / SALUD MENTAL**

MAYO Clinic 507-433-7351
 Catholic Charities 507-433-9120
 Cedar River Counseling Services
 507-433-6482
 Cedar House 507-437-9152
 Crisis Response 1-844-274-7472
 Family Focus 507-434-3586
 Gerard Community Mental Health
 Services Therapy, Diagnostic,
 Assessment and Psychological Testing
 507-434-4366
 Kevin Anderson Lic. Psychologist/EMDR
 Therapy 507-440 - 0134
 Lutheran Social Svcs. 1-800-582-5260
 Mayo Clinic Social Services 507-284-2131
 Psychiatry/
 Psychology Assoc. - So MN
 952-928-4657
 Independent Management Services
 (IMS)/ ARMHS therapy, diagnostic
 assessment &
 psychological test 507-437-6389
 Dr Moran Professional Corp
 507-438 - 2010
 Veteran Service Office
 Mower County 507-434 - 2712
 Quality Case Mgmt., Inc. 507-437-9085
 Quality Community Svcs. Inc
 507-437 - 9085
 New Horizons Adoption
 Agency 800-314-3370
 Wellness In the Woods 844-843-9489.



LIBRARIES / BIBLIOTECAS

Austin Public Library 507-433- 2391
 Brownsdale Public Library 507-567- 2177
 Grand Meadow Public Library 507-754- 5859
 Hayfield Community Library 507-477- 2455
 LeRoy Public Library 507-324- 5641
 Lyle Community Library 507-325- 2311
 MN Library for the Blind/Talking Books 507-333-4828

EDUCATION / EDUCACION

Austin Public Schools District Office 507-460-
 1900
 Alt School/Area Learning Ctr 507-460-1805
 Austin Community Education 507-460-1706
 Austin Adult Learning 507-460-1860
 English Language Learning 507-460-1860
 Austin ECFE 507-460-1707
 ECSE(Early Childhood Special Ed.)507-460-1705
 Blooming Prairie Public Schools 507-583-4426
 Grand Meadow Admin & ECFE 507-754-5310
 Hayfield-Brownsdale ECFE 507-477-3236
 Hayfield-Brownsdale Public Schools
 507-477-3236
 Pacelli Catholic Schools 507-437-3278
 Southland Schools ECFE 507-582-3405
 Southland Schools 507-582-3568
 LeRoy-Ostrander Admin 507-324-5743
 LeRoy-Ostrander ECFE 507-324-5741
 Lyle Schools Administration 507-582-3568
 Riverland CC Austin 507-433-0600
 Headstart Program (SEMCAAC) 507-433-8487
 Sacred Heart Schools - Adams 507-582-3120
 PACER 1-800-676-6856
 Autism Resource Specialist 507-433-4243
 Univ. of Minnesota Ext, Mower Co. 507-437-9552
 Univ. of Minnesota Extension, Mower Co. for
 SNAP -Ed (Nutrition) 507-434-2653 ext. 653
 Comunidades Latinas Unidas en Servicio- CLUES
 612-439-9790



PARENTING EDUCATION / EDUCACION DE CRIANZA

Parenting Resource Center

Parents Forever Divorce Education	507-437-8330
Parent Education	507-437-8330
University of Minnesota Extension, Mower Co.	507-437-9552
ECFE (Early Childhood Family Ed.)	507-460-1709
HelpMeGrowMN	1-866-693-4769
Austin Aspires Parent to Parent	507-437-0920
NST Attorneys At Law Child Safety Resources	www.nstlaw.com/child-safety/



YOUTH RECREATION /

RECREACION PARA JOVENES Y NINOS

Austin Community Education	507-433-0971
Austin Park & Recreation Program	507-433-1881
Boy Scouts	507-387-3123
Girl Scouts River Valley	1-800-845-0787
Austin Community Recreation Center	507-433-1804

SUPPORT GROUPS / GRUPOS DE APOYO

Crimes Victims Resource Center	507-437-6680
Mother of Children with Handicaps	507-325-4742
Circle of Parents	651-523-0099
MOPS-Austin (Mom's Group) on FB or Call	507-437-1000
Recovery Is Happening	507-218-4773
Nexus Gerard Family Healing	507-433-1845
Austin Manor	507-433-5569
The Bridge	507-434-9334
Wellness In The Woods	844-843-9489
Independent Management Services	507-437-6389 or 507-396-4477



SUBSTANCE PREVENTION / PREVENCION DE SUSTANCIAS

Alcoholics Anonymous (AA)	512-327-9927
Mayo Clinic Health System Fountain Center Austin	507-434-1890
Mayo Clinic Health System Tobacco Cessation	507-434-1429
Independent Management Services	507-437-6389 or 507-396-4477



FOOD/COMIDA

Mower County DHS (vouchers)	507-437-9701
Ruby's Pantry Grace Lutheran Austin 3rd	
Thursdays of each month	507-433-7008
Cornerstone Church Austin	507-433-7008
Lyle Our Savior's Lutheran Church	507-325-4684
Racine	507-378-4801
Mower County Senior Center	507-433-2370
WIC (Women, Infant & Children)	507-437-9700
Salvation Army	507-437-4566
Our Saviors Lutheran-Lyle	507-325-4684
CSSP	1-877-500-8699
Little Cedar Food Shelf (for Southland Families)	507-582-3185
Meals at Twin Tower and Picket Place	507-373-7759
Austin Meals on Wheels	507-438-3140
CLUES	507-355-2575



HOUSING/VIVIENDA

Austin HRA	507-433-1866
Mower Co HRA	507-434-5556
Salvation Army(emergency)	507-437-4566
SEMCAC (emergency)	507-433-5889
Rochester Women's Shelter	507-285-1010
Quality Case Management, Inc.	507-437-9085
Crisis Resource Center Owatonna	507-451-1202
Dorothy Day Shelter (homeless)	507-282-5172
Habitat for Humanity-Freeborn/Mower	507-433-1349
Independent Management Services	507-437-6389
Mower County DHS (vouchers)	507-437-9701
CLUES	507-3552575
180 Degrees (Rochester Shelter ages 12-19)	507-280-0110



CLOTHING / ROPA

Rachel's Hope (NB-2t)	507-437-7595
Parenting Resource Center (3t-XL 14/16)	507-437-8330
United Way (Winter Clothing)	507-437-2313



USED CLOTHING OR FURNITURE FOR SALE / VENTA DE ROPA O MUEBLES USADOS

Twice is Nice	507-433-5353
A to Z Treasures	507-433-0090
Second Act (3301 West Oakland Ave)	507-437-9078



PERSONAL CARE ITEMS / ARTICULOS DE CUIDADO PERSONAL

Twice is Nice	507-433-5353
A to Z Treasures	507-433-0090
Parenting Resource Center	507-437-8330



ENERGY ASSISTANCE / ASISTENCIA DE EMERGENCIA ELECTRICA

SEMCAC	507-433-5889
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TRANSPORATION/TRANSPORTE

SMART	1-855-762-7821
AB Taxi	507-434-9689
Quick Ride Taxi Service	507-433-9055



DRIVER'S LICENSE/LICENCIAS DE CONDUCIR

DEPT OF MOTOR VEHICLES	507-433-8744
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FINANCIAL CONSULTING/CONSULTORIA FINANCIERA

Independent Management Services	507-437-6389
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EMPLOYMENT & CAREER COUNSELING/ EMPLEO Y ORIENTACION PROFESIONAL

Workforce Development	507-460-5020
CLUES	507-355-2575
Welcome Center	507-437-8330
Cedar Valley Services	507-434-0542
Riverland Community College	507-433-0600



CHILDCARE/ GUARDERIAS

Child Care Resource and Referral 1-800-462-1660

Mower County Public Health –Daycare Providers list website:

www.co.mower.mn.us

Mower County Childcare Assistance 507-437-9701

<https://www.mowercountyhhs.com/child-care-assistance>

Austin Aspires – Daycare and Preschool Opening list

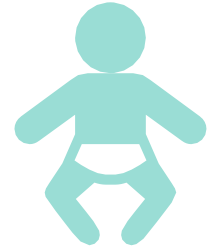
507-437-6389 www.austinaspire.org



BIRTH CONTROL / CONTROL DE LA NATALIDAD

MN Family Planning/STI Hotline 1-800-783-2287

Mower County Community Health 507-437-9701



PREGNANCY/EMBARAZO

Mower County Community Health 507-437-9701

Rachel's Hope Support & Council 507-437-7595

Catholic Charity Information Line 1-800-222-5859

Pregnancy Hot Line 1-800-848-5683

Mayo Clinic Health System 507-433-7351

New Horizon Adoption Agency 1-800-314-3370



LOCAL MOM GROUPS / GRUPOS DE MAMAS LOCALES

Breastfeeding & Beyond 507-210-1655

-meets Tuesdays 9-11am at 301 ½ N. Main St

MomTime-Faith Church 507-437-1000



LOCAL FATHER GROUPS / GRUPOS DE PADRES LOCALES

Fatherhood Forum 507-606-2342



HUMAN SERVICES/SERVICIOS HUMANOS

Independent Management Service	507-437-6389
Lutheran Social Services of MN	1-800-582-5260
Welcome Center	507-437-8330
Mower County DHS	507-437-9701
MN 211	2-1-1
Cedar Valley Services	507-434-0542
Health Access Minnesota	507-589-8649
New Horizons Adoption Agency	507-526-3518
Austin Human Rights Commission	507-437-9940
IMAA Intercultural Mutual Asst Assoc.	507-289-5960



DISABILITY SERVICES/SERVICIOS DE DISCAPACIDAD

LIFE Mower County	507-433-8994
Cedar Branch DAC Adams	507-582-7726
Cedar Valley Services	507-433-2303
Cedar House, Inc.	507-437-9152
Epilepsy (MinCepCare PA)	952-525-4500
March of Dimes/SE MN	218-727-1318
MN State Council on Disabilities	651-361-7800
Mower Council for Handicapped	507-433-9609
SE Center for Independent Living (Rochester)	507-285-1815
REM Woodvale	507-668-4432
SEMCIL	507-285-1815
MN Children w/Special Health Needs	651-201-3650
Independent Management Services	507-437-6389
Quality Case Management, Inc.	507-437-9085
Quality Community Services, Inc.	507-396-2162



FAMILY VISITATION & EXCHANGE/VISITAS FAMILIARRES Y INTERCAMBIOS

Seibel Visitation Center 507-434-7550

FOSTER CARE / ALOJAMIENTO TEMPORAL EN CASA HOGAR

Mower County DHS 507-437 -9700

LEGAL SERVICES/SERVICIOS LEGALES

SE Minnesota Reg. Legal Services (Intake)	507-377-2831
Immigrant Law Center of Minnesota	1-651-641-1011
Child Safety Resource	https://www.nstlaw.com/child-safety/



