

# MOWER COUNTY RESOURCE GUIDE

## LISTA DE RECURSOS DEL CONDADO DE MOWER

### LAW ENFORCEMENT / MEDICAL EMERGENCY/ POLICIA / EMERGENCIA MEDICA

## Emergency Call 911

### LLAMADA DE EMERGENCIA 911

Austin Police Department Non-Emergency  
507-437-9400

Mower County Sheriff 507-437-9400

Truancy Officer 507-437-9454

Current Jail Inmate List:

[www.co.mower.mn.us/198/County-Jail](http://www.co.mower.mn.us/198/County-Jail)

### CRISIS INTERVENTION / INTERVENCION EN CRISIS

Crime Victims Resource Center  
507-437-6680

Crisis Response  
1-844-274-7472

### CHILD ABUSE PREVENTION / PREVENCION DEL ABUSO INFANTIL

Child Protection 507-437-9701

Human Trafficking Hotline  
1-888-373-7888

### HEALTH SERVICES / SERVICIOS DE SALUD

Mayo Clinic Health System 507-433-8758

Nurse Care Line 507-293-9800

Patient Online Services

Support Line 877-858-0398

Other Behavioral Services 507-433-7389

Psychiatric Service Unit 507-433-7351

Patient Education 507-434-1753

Health Access Minnesota 507-589-8136

Financial Patient Services 844-217-9591

QPP Employee Clinic 507-434-6299

Hormel Employee Clinic 507-434-6982

Mower County Public Health 507-437-9701

WIC-Mower County 507-437-9799

Adams Health Care Center 507-582-3263

Express Clinic at Hy Vee in Austin\_\_WALK- IN

Minnesota Care 1-800-657-3672

Mower County Public Health 507-437-9701

Sacred Heart Home Health Care  
507-433-1808

Intrepid USA Health Care Service  
507-433-4700

MN Children w/Special Health Needs  
1-800-728-5420

United Home Health Care Choice SEMCIL  
1-888-460-1815

AIDS-HIV TESTING/EXAMENES DESIDA-VIH

AIDS National Hotline 1-800-342-2437

Minnesota Hotline 1-800-248-AIDS

### TOLL-FREE HOTLINE NUMBERS / NUMEROS DE LINEA TELEFONICA GRATUITA

Sex Trafficking Hotline 1-888-373-7888

Safe Harbor (Sexually Exploited Youth) 1-866-223-1111

Epilepsy Foundation of MN 1-800-332-1000

MADD (Mothers Against Drunk Drivers) 1-800-487-6233

Runaways/Safe Choices 1-800-621-4000

Stuttering Hotline 1-800-992-9392

MN Crime Victims 1-800-247-0390

24-hour Crisis Line Dial 988

Battered Women 1-800-799-7233

Pacer 1-800-676-6856



Send resource list additions or changes to [development@prc-austinmn.org](mailto:development@prc-austinmn.org)

**COUNSELING/MENTAL HEALTH /  
ASESORAMIENTO / SALUD MENTAL**

MAYO Clinic 507-433-7351  
 Catholic Charities 507-433-9120  
 Cedar River Counseling Services  
 507-433-6482  
 Cedar House 507-437-9152  
 Crisis Response 1-844-274-7472  
 Family Focus 507-434-3586  
 Gerard Community Mental Health  
 Services Therapy, Diagnostic,  
 Assessment and Psychological Testing  
 507-434-4366  
 Kevin Anderson Lic. Psychologist/EMDR  
 Therapy 507-440 - 0134  
 Lutheran Social Svcs. 1-800-582-5260  
 Mayo Clinic Social Services 507-284-2131  
 Psychiatry/  
 Psychology Assoc. - So MN  
 952-928-4657  
 Independent Management Services  
 (IMS)/ ARMHS therapy, diagnostic  
 assessment &  
 psychological test 507-437-6389  
 Dr Moran Professional Corp  
 507-438 - 2010  
 Veteran Service Office  
 Mower County 507-434 - 2712  
 Quality Case Mgmt., Inc. 507-437-9085  
 Quality Community Svcs. Inc  
 507-437 - 9085  
 New Horizons Adoption  
 Agency 800-314-3370  
 Wellness In the Woods 844-843-9489.



**LIBRARIES / BIBLIOTECAS**

Austin Public Library 507-433- 2391  
 Brownsdale Public Library 507-567- 2177  
 Grand Meadow Public Library 507-754- 5859  
 Hayfield Community Library 507-477- 2455  
 LeRoy Public Library 507-324- 5641  
 Lyle Community Library 507-325- 2311  
 MN Library for the Blind/Talking Books 507-333-4828

**EDUCATION / EDUCACION**

Austin Public Schools District Office 507-460-  
 1900  
 Alt School/Area Learning Ctr 507-460-1805  
 Austin Community Education 507-460-1706  
 Austin Adult Learning 507-460-1860  
 English Language Learning 507-460-1860  
 Austin ECFE 507-460-1707  
 ECSE(Early Childhood Special Ed.)507-460-1705  
 Blooming Prairie Public Schools 507-583-4426  
 Grand Meadow Admin & ECFE 507-754-5310  
 Hayfield-Brownsdale ECFE 507-477-3236  
 Hayfield-Brownsdale Public Schools  
 507-477-3236  
 Pacelli Catholic Schools 507-437-3278  
 Southland Schools ECFE 507-582-3405  
 Southland Schools 507-582-3568  
 LeRoy-Ostrander Admin 507-324-5743  
 LeRoy-Ostrander ECFE 507-324-5741  
 Lyle Schools Administration 507-582-3568  
 Riverland CC Austin 507-433-0600  
 Headstart Program (SEMCAAC) 507-433-8487  
 Sacred Heart Schools - Adams 507-582-3120  
 PACER 1-800-676-6856  
 Autism Resource Specialist 507-433-4243  
 Univ. of Minnesota Ext, Mower Co. 507-437-9552  
 Univ. of Minnesota Extension, Mower Co. for  
 SNAP -Ed (Nutrition) 507-434-2653 ext. 653  
 Comunidades Latinas Unidas en Servicio- CLUES  
 612-439-9790



## **PARENTING EDUCATION / EDUCACION DE CRIANZA**

### Parenting Resource Center

Parents Forever Divorce Education	507-437-8330
Parent Education	507-437-8330
University of Minnesota Extension, Mower Co.	507-437-9552
ECFE (Early Childhood Family Ed.)	507-460-1709
HelpMeGrowMN	1-866-693-4769
Austin Aspires Parent to Parent	507-437-0920
NST Attorneys At Law Child Safety Resources	<a href="http://www.nstlaw.com/child-safety/">www.nstlaw.com/child-safety/</a>



## **YOUTH RECREATION / RECREACION PARA JOVENES Y NINOS**

Austin Community Education	507-433-0971
Austin Park & Recreation Program	507-433-1881
Boy Scouts	507-387-3123
Girl Scouts River Valley	1-800-845-0787
Austin Community Recreation Center	507-433-1804

## **SUPPORT GROUPS / GRUPOS DE APOYO**

Crimes Victims Resource Center	507-437-6680
Mother of Children with Handicaps	507-325-4742
Circle of Parents	651-523-0099
MOPS-Austin (Mom's Group) on FB or Call	507-437-1000
Recovery Is Happening	507-218-4773
Nexus Gerard Family Healing	507-433-1845
Austin Manor	507-433-5569
The Bridge	507-434-9334
Wellness In The Woods	844-843-9489
Independent Management Services	507-437-6389 or 507-396-4477



## **SUBSTANCE PREVENTION / PREVENCIÓN DE SUSTANCIAS**

Alcoholics Anonymous (AA)	512-327-9927
Mayo Clinic Health System Fountain Center Austin	507-434-1890
Mayo Clinic Health System Tobacco Cessation	507-434-1429
Independent Management Services	507-437-6389 or 507-396-4477



## FOOD/COMIDA

Mower County DHS (vouchers)	507-437-9701
Ruby's Pantry Grace Lutheran Austin 3rd Thursdays of each month	507-433-7008
Cornerstone Church Austin	507-433-7008
Lyle Our Savior's Lutheran Church Racine	507-325-4684
Mower County Senior Center	507-378-4801
WIC (Women, Infant & Children)	507-433-2370
Salvation Army	507-437-9700
Our Saviors Lutheran-Lyle CSSP	507-437-4566
Little Cedar Food Shelf (for Southland Families)	507-325-4684
Meals at Twin Tower and Picket Place	1-877-500-8699
Austin Meals on Wheels	507-582-3185
CLUES	507-373-7759
	507-438-3140
	507-355-2575



## HOUSING/VIVIENDA

Austin HRA	507-433-1866
Mower Co HRA	507-434-5556
Salvation Army(emergency)	507-437-4566
SEMCAC (emergency)	507-433-5889
Rochester Women's Shelter	507-285-1010
Quality Case Management, Inc.	507-437-9085
Crisis Resource Center Owatonna	507-451-1202
Dorothy Day Shelter (homeless)	507-282-5172
Habitat for Humanity-Freeborn/Mower	507-433-1349
Independent Management Services	507-437-6389
Mower County DHS (vouchers)	507-437-9701
CLUES	507-355-2575
180 Degrees (Rochester Shelter ages 12-19)	507-280-0110



## CLOTHING / ROPA

Rachel's Hope (NB-2t)	507-437-7595
Parenting Resource Center (3t-XL 14/16)	507-437-8330
United Way (Winter Clothing)	507-437-2313



## USED CLOTHING OR FURNITURE FOR SALE / VENTA DE ROPA O MUEBLES USADOS

Twice is Nice	507-433-5353
A to Z Treasures	507-433-0090
Second Act (3301 West Oakland Ave)	507-437-9078



## PERSONAL CARE ITEMS / ARTICULOS DE CUIDADO PERSONAL

Twice is Nice	507-433-5353
A to Z Treasures	507-433-0090
Parenting Resource Center	507-437-8330



## ENERGY ASSISTANCE / ASISTENCIA DE EMERGENCIA ELECTRICA

SEMCAC	507-433-5889
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## TRANSPORATION/TRANSPORTE

SMART	1-855-762-7821
AB Taxi	507-434-9689
Quick Ride Taxi Service	507-433-9055



## DRIVER'S LICENSE/LICENCIAS DE CONDUCIR

DEPT OF MOTOR VEHICLES	507-433-8744
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## FINANCIAL CONSULTING/CONSULTORIA FINANCIERA

Independent Management Services	507-437-6389
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## EMPLOYMENT & CAREER COUNSELING/ EMPLEO Y ORIENTACION PROFESIONAL

Workforce Development	507-460-5020
CLUES	507-355-2575
Welcome Center	507-437-8330
Cedar Valley Services	507-434-0542
Riverland Community College	507-433-0600



## CHILDCARE/ GUARDERIAS

Child Care Resource and Referral 1-800-462-1660

Mower County Public Health –Daycare Providers list website:

[www.co.mower.mn.us](http://www.co.mower.mn.us)

Mower County Childcare Assistance 507-437-9701

<https://www.mowercountyhhs.com/child-care-assistance>

Austin Aspires – Daycare and Preschool Opening list

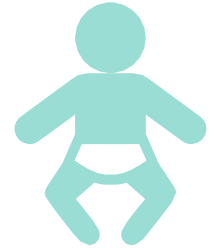
507-437-6389 [www.austinaspres.org](http://www.austinaspres.org)



## BIRTH CONTROL / CONTROL DE LA NATALIDAD

MN Family Planning/STI Hotline 1-800-783-2287

Mower County Community Health 507-437-9701



## PREGNANCY/EMBARAZO

Mower County Community Health 507-437-9701

Rachel's Hope Support & Council 507-437-7595

Catholic Charity Information Line 1-800-222-5859

Pregnancy Hot Line 1-800-848-5683

Mayo Clinic Health System 507-433-7351

New Horizon Adoption Agency 1-800-314-3370



## LOCAL MOM GROUPS / GRUPOS DE MAMAS LOCALES

Breastfeeding & Beyond 507-210-1655

-meets Tuesdays 9-11am at 301 ½ N. Main St

MomTime-Faith Church 507-437-1000



## LOCAL FATHER GROUPS / GRUPOS DE PADRES LOCALES

Fatherhood Forum 507-606-2342



## HUMAN SERVICES/SERVICIOS HUMANOS

Independent Management Service	507-437-6389
Lutheran Social Services of MN	1-800-582-5260
Welcome Center	507-437-8330
Mower County DHS	507-437-9701
MN 211	2-1-1
Cedar Valley Services	507-434-0542
Health Access Minnesota	507-589-8649
New Horizons Adoption Agency	507-526-3518
Austin Human Rights Commission	507-437-9940
IMAA Intercultural Mutual Asst Assoc.	507-289-5960



## DISABILITY SERVICES/SERVICIOS DE DISCAPACIDAD

LIFE Mower County	507-433-8994
Cedar Branch DAC Adams	507-582-7726
Cedar Valley Services	507-433-2303
Cedar House, Inc.	507-437-9152
Epilepsy (MinCepCare PA)	952-525-4500
March of Dimes/SE MN	218-727-1318
MN State Council on Disabilities	651-361-7800
Mower Council for Handicapped	507-433-9609
SE Center for Independent Living (Rochester)	507-285-1815
REM Woodvale	507-668-4432
SEMCIL	507-285-1815
MN Children w/Special Health Needs	651-201-3650
Independent Management Services	507-437-6389
Quality Case Management, Inc.	507-437-9085
Quality Community Services, Inc.	507-396-2162



## FAMILY VISITATION & EXCHANGE/VISITAS FAMILIARRES Y INTERCAMBIOS

Seibel Visitation Center 507-434-7550

## FOSTER CARE / ALOJAMIENTO TEMPORAL EN CASA HOGAR

Mower County DHS 507-437 -9700

## LEGAL SERVICES/SERVICIOS LEGALES

SE Minnesota Reg. Legal Services (Intake)	507-377-2831
Immigrant Law Center of Minnesota	1-651-641-1011
Child Safety Resource	<a href="https://www.nstlaw.com/child-safety/">https://www.nstlaw.com/child-safety/</a>

